MY INSIGHTS

Write down an insight or thought you had during the dialogue...



RATE ON A SCALE OF 1–5

1 = Completely disagree 5 = Completely agree

The Timeout dialogue was constructive.

1 2 3 4 5



I felt heard during the dialogue.

1 2 3 4 5



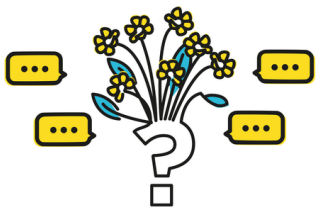
Everyone was given an equal opportunity to participate during the dialogue.

1 2 3 4 5



I now understand the topic and / or other people better than I did before.

1 2 3 4 5



TIMEOUT